



1 **Phytochemical Analysis and Antibacterial Activity of Extracts from**
 2 **Palestinian Aleppo Pine Seeds, Bark and Cones**

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7 *Pinus halepensis* (Aleppo pine) is one of the most common trees that are known for their medicinal and economic importance in the
 8 Mediterranean region. This work aimed at determining the total phenolic, flavonoid and lipid contents, as well as at studying the antioxidant
 9 and antibacterial activities of extracts obtained from different parts (cones, bark and seeds) of *Pinus halepensis* trees cultivated in Palestine.
 10 Two extraction techniques (maceration and Soxhlet) using three different solvents (ethanol, 80 % methanol and hexane) were applied. The
 11 results showed that among all extracts, methanolic extract of cones had the highest total phenolic content (431.38 mg equivalent gallic
 12 acid/g extract) and the best total flavonoid content (193.25 mg catechin equivalent/g extract) and demonstrated the highest antioxidant
 13 activity with EC₅₀ of 1.48 µg/mL. The highest total lipid content using hexane as extraction solvent was found for the extract from seeds
 14 (30.1 %). The antibacterial activity of the extracts was studied using agar dilution method against *Shigella*, *Escherichia coli* and
 15 *Staphylococcus aureus*. Solutions of the obtained extracts with the concentration range of 10⁻⁵ to 10⁻² g extract/mL in 20 % aqueous
 16 DMSO exhibited 15-80 %, 20-80 % and 20-95 % bacterial inhibition of *Shigella*, *Escherichia coli* and *Staphylococcus aureus*, respectively.

17 **Keywords: Aleppo pine, Phytochemical analysis, Antibacterial activity.**

INTRODUCTION

18 Throughout the ages humans have relied on Nature to
 19 cater for their basic needs, such as medicines for the treatment
 20 of a wide spectrum of diseases. Medicinal plants, in particular,
 21 have formed the basis of sophisticated traditional medicine
 22 systems. These plants are considered as a rich source of ingredients
 23 which can be used in drug development and synthesis [1-3].

24 The pine tree (*Pinus*) is one of the most widely distributed
 25 medicinal plants in the Northern hemisphere, encompassing
 26 nearly 100 species. It is tall, evergreen, monoecious tree. Some
 27 of its species grows well in acid soils, others in calcareous
 28 soils, but most of them require good soil drainage, preferring
 29 sandy soils [4,5]. Pines are important components of flora in
 30 Mediterranean Basin that has an unusual geographical and
 31 topographical diversity [6]. In addition to their health benefits,
 32 almost all parts of pine tree, specially seeds, have high nutri-
 33 tional value and thus are included as ingredients in a variety
 34 of traditional dishes [7].

Aleppo pine (*Pinus halepensis*) is the most common 35
 species of pine in the Mediterranean basin, particularly in the 36
 western part. It is found in all countries around the Mediter- 37
 ranean, except Libya and Egypt. It is also being planted in 38
 warm temperate, semiarid areas of Argentina, México, the 39
 Soviet Union, South Africa and Australia [8,9]. In Palestine, 40
 the *Aleppo pine*, along with *Pinus brutia*, has been planted 41
 extensively. They are widely distributed and used for recrea- 42
 tional purposes. 43

In the last two decades an enormous number of studies 44
 were performed in different countries of Mediterranean basin 45
 on extracts and essential oils isolated from different parts 46
 (seeds, cones and bark) of Aleppo pine. These works focused 47
 on the health effects [10,11], chemical composition, particu- 48
 larly the content of polyphenols, fatty acids, amino acids, 49
 minerals, in addition to antioxidant, antibacterial and antifungal 50
 activities [12-22]. 51

It can be noted from the results of the these reviewed studies 52
 that there are significant differences in the composition and 53

54 activities of essential oil and extracts of Aleppo pine depending
 55 on the part of plant and the region where the plant was grown.
 56 In addition, most of these works are about Aleppo pine grown
 57 in Europe and North Africa (northern and western regions of
 58 the Mediterranean), but studies on the plant grown in the south
 59 eastern region of the Mediterranean are scarce and none of
 60 these studies was related to the pine trees in Palestine. There-
 61 fore, our study aims at investigating extracts from different
 62 parts of the *Pinus halepensis* trees that grow in Palestine,
 63 especially the area of Hebron, for their total phenolic content,
 64 antioxidant capacity, total flavonoid content, total lipids and
 65 compare them with those of trees cultivated in other parts of
 66 world.

67 Furthermore, the results of some studies revealed that the
 68 essential oil of seeds of Aleppo pine showed moderate activity
 69 against all the bacterial strains except *Pseudomonas aeruginosa*
 70 and *Escherichia coli* that were found to be very resistant [23].
 71 Therefore, in our work we also studied the growth inhibiting
 72 activity of extracts from Aleppo pine against *Shigella*, *Esche-*
 73 *richia coli* and *Staphylococcus aureus*.

EXPERIMENTAL

74 Aleppo pine seeds, bark and cones were collected from
 75 Alsamo'-Hebron (31.400792°N35.067075°E) in Palestine.
 76 Seeds were directly stored at 15 °C for a maximum of 3 days
 77 and then cleaned manually to remove foreign matter. Cones
 78 and bark were dried in oven at 170 °C. Then samples of each
 79 part were separately milled in a heavy-duty grinder for 4min
 80 to obtain powder which was stored at -20 °C until subsequent
 81 analysis.

82 **Solvent extraction:** The fine powdered seeds, bark and
 83 cones (50 g) were extracted separately using 250 mL of each
 84 of 80 % methanol, ethanol and hexane by maceration for 3 h
 85 under intensive stirring in a dark at ambient temperature.
 86 Then the solvent was removed under vacuum at 40 °C and the
 87 obtained dry extract was stored at -20 °C.

88 **Soxhlet extraction:** The same weights (50 g) of powdered
 89 seeds, bark and cones was extracted on Soxhlet extractor using
 90 the same solvents for 6 h at ambient temperature.

91 **Determination of total phenolic content (TPC):** Total
 92 phenolic content was determined using Folin reagent according
 93 to the procedure described in literature [24]. 10 mg of each
 94 extract sample was dissolved in 10 mL of 80 % methanol to
 95 prepare extract solutions with the concentration of 1 mg extract/
 96 mL. 0.5 mL of each solution was thoroughly mixed with 2.5
 97 mL of Folin reagent and 2.0 mL 7.5 % sodium carbonate solu-
 98 tion and left for 40 min. Then the absorbance was measured at
 99 760 nm. Standard solutions of gallic acid were used to construct
 100 calibration curve that was used for the calculation of Total
 101 phenolic content which was expressed as mg gallic acid equi-
 102 valent per gram of dry extract.

103 **Determination of total flavonoid content (TFC):** The
 104 (TFC) was determined using AlCl₃ colorimetric method [25].
 105 5.0 mg of each extract was dissolved in 10.0 mL methanol.
 106 Then to 1.0 mL of each solution 4 mL of distilled water, 0.3
 107 mL of 5 % NaNO₂ solution, 0.6 mL of 10 % AlCl₃ solution
 108 and 2 mL of NaOH (1 M) were added and allowed to stand for
 109 6 min. The absorbance then was measured at 510 nm against

110 water as blank. Standard solutions of catechin were used to
 111 construct calibration curve that was used for the calculation
 112 of TFC as milligram of catechin equivalents per gram of dry
 113 extract (mg CE/g dried extract).

114 **Determination of DPPH free radical scavenging activity:**
 115 The radical scavenging activity of the methanolic and ethanolic
 116 extracts of the three parts against 2,2'-diphenyl-1-picrylhydrazyl
 117 (DPPH) radicals was measured using the method described in
 118 the work [26]. The extract of seeds was dissolved in methanol
 119 to get different concentrations (80, 60, 40, 20 and 10 µg/mL).
 120 For extracts of cones and bark (2, 4, 6, 8, 10 µg/mL) solutions
 121 were used. Then an aliquot (4 mL) of each solution was added
 122 to 1 mL of freshly prepared (DPPH) solution (0.2 mM) and was
 123 allowed to stand for 30 min at ambient temperature. The absor-
 124 bance was measured at 517 nm. The results were expressed as
 125 radical scavenging percentage of the DPPH according to the
 126 formula:

$$\text{DPPH scavenging effect (\%)} = \frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}} \times 100 \quad 127$$

128 where A_{blank} is the absorbance of the blank control solution
 129 and A_{sample} is the absorbance in the presence of plant extract.
 130 The extract concentration resulting in 50 % radical inhibition
 131 activity (EC₅₀) expressed as mg extract/mL was determined
 132 from the graph of the free radical scavenging activity (%)
 133 versus extract concentration.

134 **Determination of total lipids:** Lipids were extracted by
 135 maceration of fine powdered seeds, bark and cones for 3 h
 136 (three times for each) using hexane at ambient temperature.
 137 The solvent was evaporated under vacuum at 40 °C till constant
 138 weight. The obtained lipid material was weighed and the total
 139 lipids was calculated as a percentage from the dry plant material.
 140 The oil also was extracted from a ground sample of Aleppo
 141 pine seeds and cones powder in a Soxhlet extractor for 8 h
 142 using hexane as a solvent at 45 °C.

143 **Determination of antibacterial activity:** The antibac-
 144 terial activity of the extracts against *Staphylococcus aureus*,
 145 *Escherichia coli* and *Shigella* was screened using the agar
 146 dilution method [27]. 100 mg of each extract was dissolved in
 147 10 mL of aqueous (20 %) DMSO. Using serial dilution, solu-
 148 tions with the concentrations of 10⁻², 10⁻³, 10⁻⁴ and 10⁻⁵ g extract/
 149 mL were prepared. These solutions were stored at 40 °C. Then
 150 100 µL of each extract solution was spread on plate and left to
 151 dry. Then 1 µL of bacteria was spread on each plate using 1 µL
 152 inoculation loop. The plates were incubated aerobically at 37 °C
 153 for 24 h. The number of colonies on each plate was counted
 154 manually. A plate containing aqueous (20 %) DMSO was used
 155 as a positive control to calculate the percent inhibition of
 156 bacteria.

RESULTS AND DISCUSSION

157 **Extraction:** Three solvents were used for the extraction
 158 of the dried powdered plant material. Two of them (ethanol,
 159 80 % methanol) are highly polar and the third is non-polar
 160 (hexane). In addition, two types of extraction procedures
 161 (maceration and Soxhlet) were applied. The percentage yield
 162 of solid extract was found as (g extract/100 g dried plant
 163 material) and shown in Table-1. It can be seen that the yield

TABLE-1
PHYTOCHEMICAL VALUES OF DIFFERENT PARTS OF *Pinus halepensis*

Extract	Extracts (%)		Total phenolic content		Total flavonoid content		DPPH radical scavenging activity	
	g Extract/100 g plant material		TPC (mg EGA/g dried extract)		TFC (mg CE/g dried extract)		EC ₅₀ (mg/mL)	
	Maceration	Soxhlet	Maceration	Soxhlet	Maceration	Soxhlet	Maceration	Soxhlet
Ethanolic PHS	22.4	25.9	5.03	4.52	24.92	16.86	0.0461	0.2140
Methanolic PHS	5.9	7.6	47.96	30.38	17.14	8.25	0.1270	0.4380
Hexanoic PHS	27.5	30.1	4.52	4.35	43.25	38.81	0.2350	0.3340
Ethanolic PHC	14.9	15.5	414.17	407.79	179.64	111.86	0.0014	0.0032
Methanolic PHC	10.6	12.9	431.38	412.79	193.25	186.58	0.0015	0.0015
Hexanoic PHC	3.8	6.3	64.86	57.45	76.31	46.03	0.1890	0.9100
Ethanolic PHB	7.0	13.3	397.79	253.65	71.02	64.92	0.0029	0.0062
Methanolic PHB	22.1	23.8	369.00	314.34	126.58	87.97	0.0031	0.0047
Hexanoic PHB	3.0	6.4	17.62	12.10	12.69	12.14	0.0960	0.1640

PHS = *Pinus halepensis* seeds, PHC = *Pinus halepensis* cones, PHB = *Pinus halepensis* bark

varies from 3.8 to 30 % with seeds hexanoic extract having the highest extract percent (30.1 %). In general, Soxhlet extractions gave results better than those by maceration. The extract yield from seeds was the highest using hexane while that from cones and bark was the better when ethanol and methanol were used, respectively. This can be explained by the relatively high content of essential oil in seeds which is more efficiently extracted using non-polar hexane.

Determination of total phenolic content (TPC): The TPC of *Pinus halepensis* extracts was determined by Folin-Ciocalteu assay using gallic acid as a standard phenolic compound. The results for determining TPC in all extracts are presented in Table-1. The values of TPC in obtained extracts are found to be in the range of 4.5-432, while the highest TPC was determined in cones methanolic extract 431.38, followed by bark extracts, while seeds extracts had the lowest values.

In addition, methanolic extracts gave a higher TPC than ethanolic and hexanoicones. For ethanolic extracts cones also gave the highest TPC, followed by the bark extract, while seeds had the lowest TPC among all ethanolic extracts. For all extracts, hexanoic extracts gave the lowest values of TPC.

The value of TPC for hexanoic seeds extract (TPC = 4.52) in this study was significantly higher than that reported for the same species in literature [28].

Determination of total flavonoid content (TFC): Flavonoids, the most common polyphenolic compounds have antioxidant activity and are ubiquitously found in plants. The results of determining the TFC for extracts obtained from different parts of Palestinian Aleppo pine tree using three solvents are showed in Table-1. The results were calculated using the regression equation of calibration curve ($y = 0.0038x - 0.0045$, $R^2 = 0.9969$) and expressed as Catechin equivalent. From Table-1, we can see that TFC content varies depending on plant part and solvent.

The values of TFC were found to be in the range of 8-193. The highest one was determined form ethanolic extract of cones (193.25). Methanolic extracts gave a higher TFC than those of ethanolic extracts for all parts of the plant which emphasizes the results of TPC.

It should be mentioned that the value of TFC for methanolic extracts of seeds and cones extracts (TFC = 17.14, 193.25, respectively) in the current work were much higher than those

reported for the same species in literature [13] in which seeds and cones methanolic extracts had TFC equal 0.35 and 3.26, respectively. This can be attributed to the differences in climate, soil composition and other conditions in the countries where the plant was grown [22].

Determination of DPPH free radical scavenging activity: The antioxidant activity of the all extracts was determined from the reduction in absorbance of the DPPH radicals at 517 nm, resulted from the scavenging of these radicals by the active compounds contained in extracts. The values of effective extract concentration having 50 % radical inhibition activity (EC₅₀) were calculated from the curves showing the dependence of inhibition activity on the extract concentration of each extract and presented in Table-1.

According to the data in Table-1, methanolic extracts of all parts of plant exhibited better antioxidant activity than extracts obtained using ethanol and hexane as extraction solvent, what completely agrees with the results for TPC and TFC.

Furthermore, the cones methanolic extracts was the best antioxidant followed by bark and seeds extracts.

The DPPH radicals inhibition activity of cones and seeds methanolic extracts (EC₅₀ = 0.00148 mg/mL and 0.127 mg/mL, respectively) was significantly better than that for extracts from the same parts obtained in the in the work [13] in which EC₅₀ was 0.474 mg/mL for cones and 2.323 mg/mL for seeds extracts.

From these results and those concerning TPC and TFC of extracts from *Pinus halepensis* seeds, bark and cones obtained in our work for Palestinian plant and comparing them with those in other studies in other countries, it is clear that Palestinian plant exhibits better results concerning the studied parameters than the same species from other parts of the world. Furthermore, similar tendency was noted in our previous work [27], in which the same parameters for extracts from Palestinian *Inula Viscosaa* were significantly higher than those for the same plant cultivated in Tunisia [29]. These results enable to make an assumption about the distinguished properties of these and maybe other medicinal plants grown in Palestinian Territories.

Determination of total lipid content: Lipids were extracted from fine powdered parts of plants by both maceration and Soxhlet techniques using hexane at ambient temperature. The results are expressed as mass percent of total lipids from the dry material and represented in Table-2.

TABLE-3
INHIBITION PERCENT OF *Shigella*, *Escherichia coli* AND *Staphylococcus aureus* BY EXTRACTS OF *Pinus halepensis*

Extract	Inhibition (%)											
	<i>Shigella</i>				<i>Escherichia coli</i>				<i>Staphylococcus aureus</i>			
	10 ⁻² g/mL	10 ⁻³ g/mL	10 ⁻⁴ g/mL	10 ⁻⁵ g/mL	10 ⁻² g/mL	10 ⁻³ g/mL	10 ⁻⁴ g/mL	10 ⁻⁵ g/mL	10 ⁻² g/mL	10 ⁻³ g/mL	10 ⁻⁴ g/mL	10 ⁻⁵ g/mL
Seeds ethanolic extract	48.2	35.1	29.9	25.3	67.8	52.0	44.8	20.9	95.1	90.2	85.1	74.7
Seeds methanolic extract	30.1	24.9	20.3	15.2	54.2	53.1	49.1	39.8	70.2	64.9	59.8	44.9
Cones ethanolic extract	74.9	64.7	49.8	34.8	63.5	58.7	57.4	47.9	80.4	72.1	60.1	50.3
cones methanolic extract	79.8	70.2	35.3	24.9	68.9	63.3	56.6	49.3	74.8	60.3	54.9	50.2
Bark ethanolic extract	75.4	30.3	24.7	19.8	55.8	52.5	50.7	41.6	40.3	34.8	30.4	24.6
Bark methanolic extract	64.8	60.1	44.8	35.2	79.9	63.8	45.6	36.7	42.7	39.7	24.8	20.4

TABLE-2
TOTAL LIPIDS (%) OF DIFFERENT PARTS OF *Pinus halepensis*

Extract	Total lipids (%)	
	Maceration	Soxhlet
<i>Pinus halepensis</i> seeds	27.5	30.1
<i>Pinus halepensis</i> cones	3.8	6.3
<i>Pinus halepensis</i> bark	3.1	6.4

248 Seeds had the highest content of lipids followed by bark
249 and cones. The value of total lipid in seeds (30.1 %) was lower
250 than those for the same species obtained in literature [28] which
251 had a value of 43.3 %. The difference in lipid content may due
252 to differences in growing conditions of the plant and collecting
253 season may affect the lipid content.

254 **Antibacterial activity:** In recent years, there has been a
255 growing interest in researching and developing new anti-
256 microbial agents from various sources to combat microbial
257 resistance. Several bioassays such as disk-diffusion, well
258 diffusion and broth or agar dilution methods are well known
259 and commonly used as antimicrobial activity screening and
260 evaluating methods [30]. In this work agar dilution method
261 was used for screening the antibacterial activity of the obtained
262 extracts against *Shigella*, *Staphylococcus aureus* and *Escheri-*
263 *chia coli*. The results are presented in Table-3.

264 Table-3 shows the inhibition percent using extracts solu-
265 tions in 20 % DMSO obtained from different parts of plant
266 with different concentrations.

267 For *Shigella*, the inhibition effect of extracts was in the
268 range of 15-80 %. Cones methanolic extracts shows higher
269 inhibition with higher concentration followed by bark ethanolic
270 and methanolic extracts. While the inhibition of *E. coli* bacteria
271 was in the range of 20-80 %. Bark methanolic extract shows
272 the higher inhibition followed by cones methanolic and seed
273 ethanolic extracts. According to *Staphylococcus aureus*, the
274 inhibition was in the range of 20-95 %. Seeds ethanolic extract
275 shows the higher inhibition followed by cones ethanolic and
276 methanolic extracts. The results showed that in the studied
277 concentration range, a strong dependence of inhibition activity
278 on extract concentration exists. Using extracts with the concen-
279 tration of 10⁻² g/mL can be recommended, since it resulted in
280 80-95 % inhibition of studied bacteria.

281 Conclusion

282 The results of the present work showed strong dependence
283 of TPC, TFC, lipid content and the antioxidant activity of the
284 extracts from *Pinus halepensis* on the plant part and extraction
285 solvent. The extracts obtained from Palestinian *Pinus halepensis*

collected in January from Palestine/Hebron have significantly 286
higher levels of TPC, TFC and antioxidant activities than those 287
obtained from the same species cultivated in other countries. 288
Therefore, they can serve as potential source of valuable natural 289
antioxidants. In addition, the extracts obtained exhibited a good 290
antibacterial activity (80-95 % inhibition) against *Shigella*, *E.* 291
coli DH5 α and *Staphylococcus aureus*. 292

CONFLICT OF INTEREST

The authors declare that there is no conflict of interests 293
regarding the publication of this article. 294

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